

**PRE PROCEDURE MEDICATION  
RECOMMENDATIONS**

This applies to you if you are taking a medication that **“thins your blood.”**

**YOU MUST** obtain medical clearance to discontinue medication from  
your Primary Care Practitioner, **AND** then stop the medication before  
the Pain Procedure as follows:

- 1) ASPIRIN & ASPIRIN CONTAINING PRODUCTS:**
  - a) May continue taking as prescribed unless specifically instructed by your pain physician
  
- 2) COUMADIN (WARFARIN):**
  - a) STOP 5 days before your appointment.
  - b) Go to the lab at least one day before your appointment time to have your blood drawn.
  - c) Contact Coumadin Clinic that assist you in obtaining medical clearance and for full instructions regarding going off and back on your Coumadin.
  
- 3) PLAVIX (CLOPIDOGREL) or PLETAL (CILOSTAZOL) or PERSANTINE (DIPYRIDAMOLE):**
  - a) STOP 7 days before your appointment.
  - b) YOU ARE RESPONSIBLE to contact you Primary Care Provider for medical clearance to stop this medication.
  - c) You DO NOT need to have any blood drawn before the pain procedure.
  
- 4) TICLOPIDINE (TICLID)**
  - a) STOP 10 days before your appointment.
  - b) YOU ARE RESPONSIBLE to contact you Primary Care Provider for medical clearance to stop this medication.
  - c) You DO NOT need to have any blood drawn before the pain procedure
  
- 5) NSAIDS (NON-STEROIDAL ANTI-INFLAMATORY DRUGS):**
  - a) May continue taking as prescribed unless specifically instructed by your pain physician
  
- 6) LEVONOX/FRAGMIN/ARIXTRA:**
  - a) DO NOT take for 24 hours before your pain procedure.
  
- 7) HIGH BLOOD PRESSURE, HEART MEDICATIONS AND BLOOD SUGAR MEDICATIONS:**
  - a) Most of these medications should be continued unless specifically instructed. Please inform your doctor about these medications.
  
- 8) PAIN MEDICATIONS:**
  - a) Pain medications may be continued to the day of procedure and taken with a sip of water.